Reflection

Things I did well last month



Things that I could have done better last month:

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	Best memory:	
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NO		

Things that made me laugh:

Things that made me cry:



Goals

Physical health goal:

Mental health goal:



- 1				
	Steps to reach this goal	Steps to reach this goal		
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	MO COMO			
Where do I want to be in five years?				
		37		