



# November Reflection

November highlights:

Challenging situation I got through:

.....

.....

.....

.....

.....

.....

.....

How I got through it:

.....

.....

.....

.....

.....

.....

.....

Things I'm grateful for:

What I learned:

.....

.....

.....

.....

.....

.....

.....



[illegible]