

2020 REFLECTION

Things I'm most grateful for this year



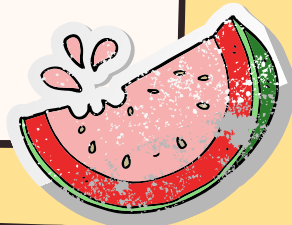
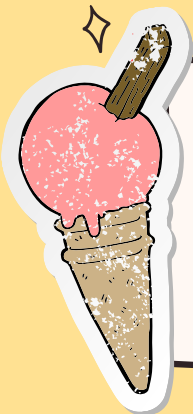
Things I struggled with this year



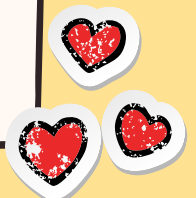
Things I learnt this year



Favourite songs of 2020



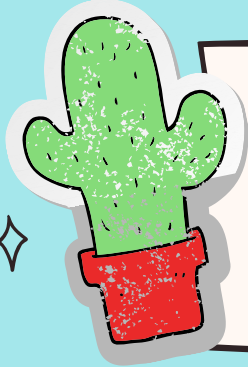
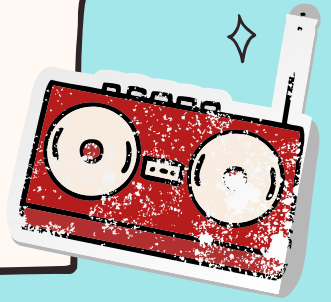
Favourite TV shows/movies of 2020



2021 GOALS



What do you want to do more of in 2021?

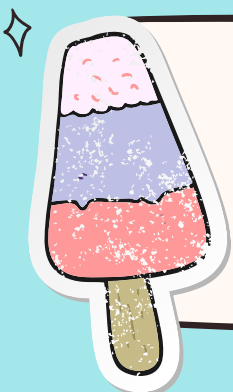


What do you want to do less of in 2021?

How will you improve your health in 2021?



What will you do to improve your mental health in 2021?



What will your motto be for 2021?

