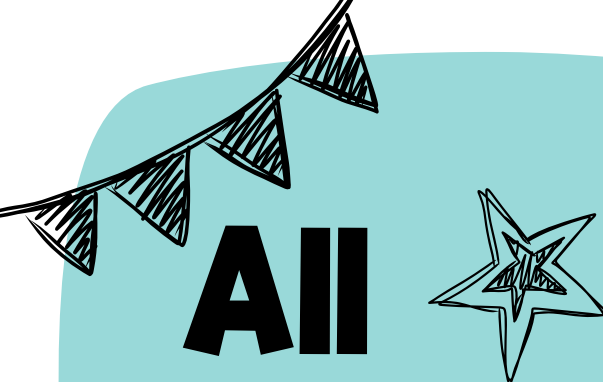




All About Me

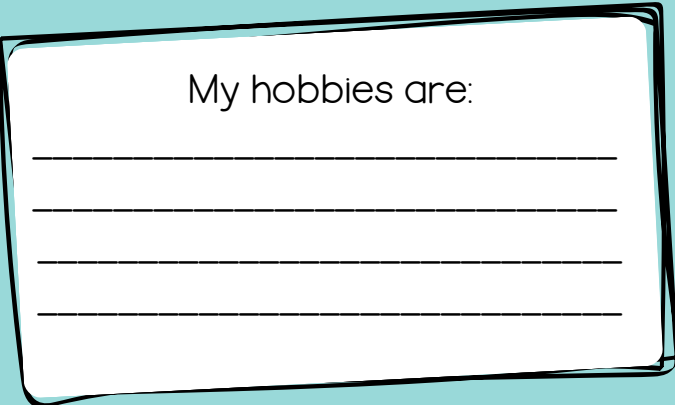
Something I say a lot:



My nickname:



My hobbies are:



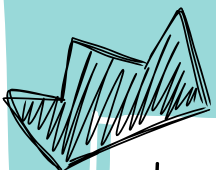
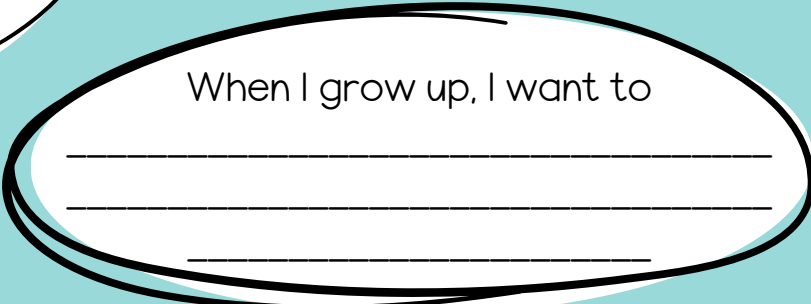
My favourite books:



My favourite movies/shows:



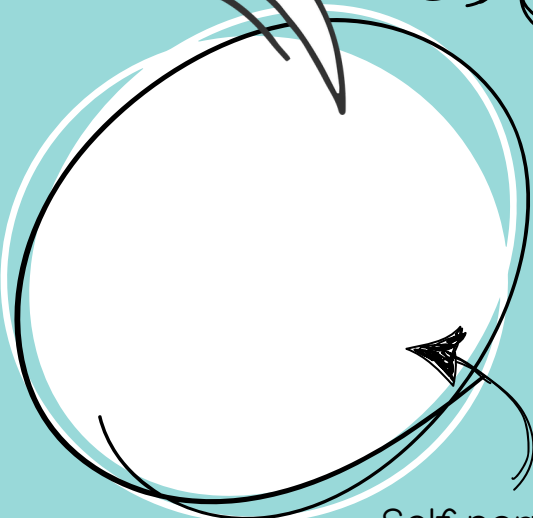
When I grow up, I want to



I am the queen/king of



Self portrait



My favourite colour is



All About Me

My favourite music:

My friends:

Things I'm really good at:

My favourite animal:

My dream holiday:

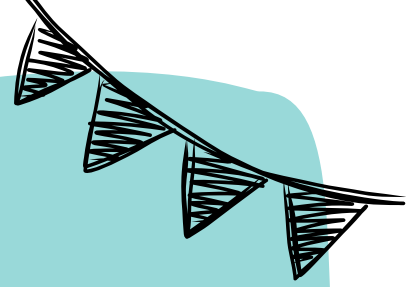
People I admire:

Three words that describe me:

If you can't find me I'll be at

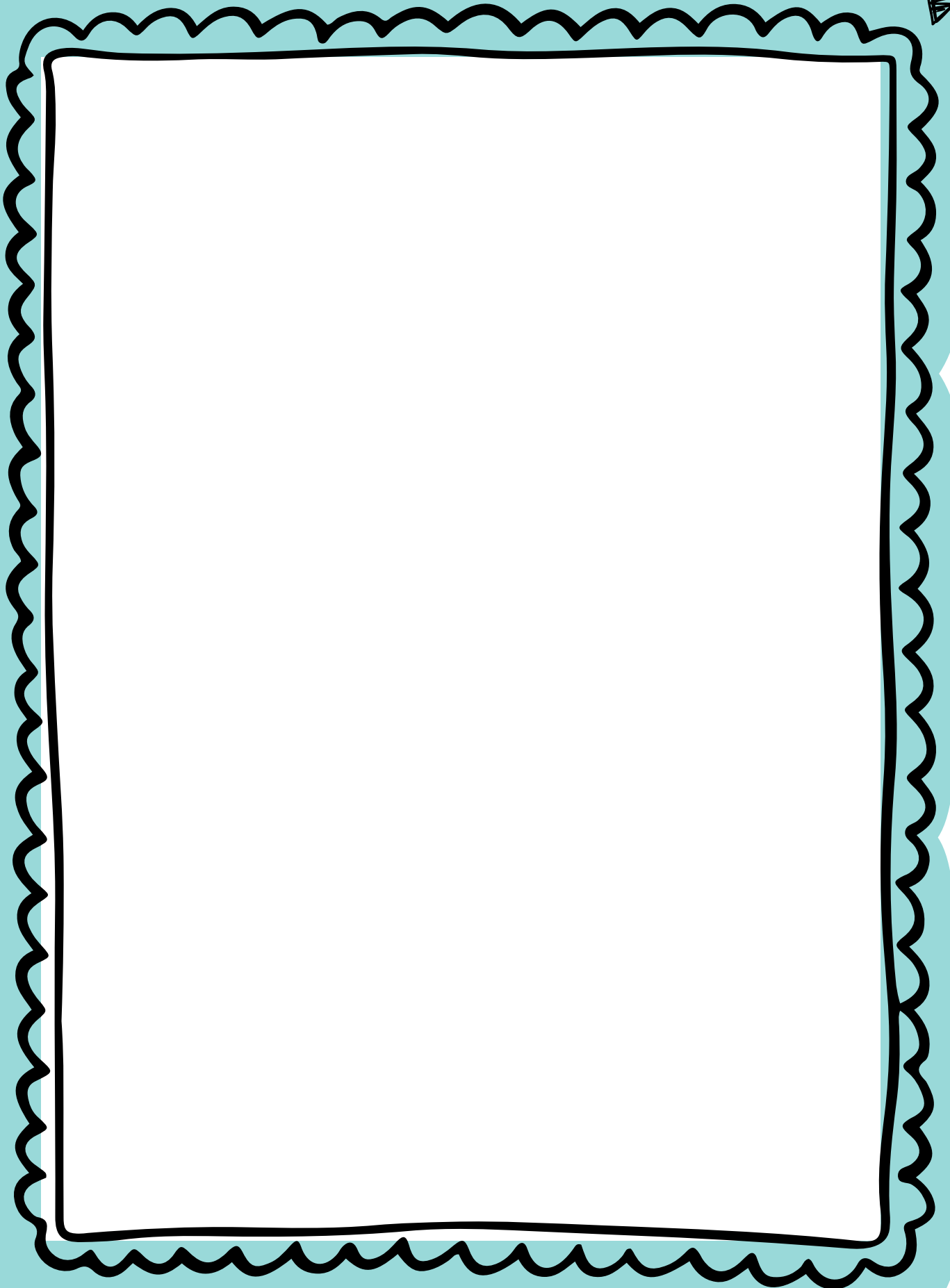
My favourite food:

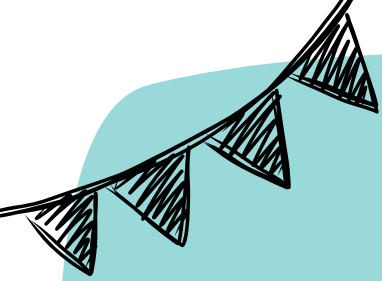
Journal page:



A large rectangular area with horizontal ruling lines, intended for writing a journal entry.

Doodle/drawing page:





Analog ideas:

Go for a walk

Bake something

Take creative photos of ordinary items.

Read a book

Go to the library

Crochet or knit something



Play a board game

Read a magazine

Go on a picnic

Journal

Cook a new meal

Play a board game

Go on a bike ride

Do puzzles

Get crafty

Play a sport

Go to the beach

Go hiking

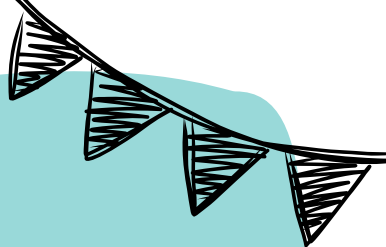
Build Lego

Go window shopping

Learn to play an instrument



Analog ideas:



Tidy your
room

Volunteer

Start a collection
- postcards, coins,
mugs...

Do a
jigsaw

Visit a
friend

Plan your next
birthday



Write someone
a letter

Do a
colouring

Go to a
cafe

Write a
novel

try junk
journaling

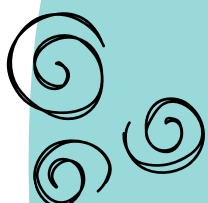
Make an air dry
clay model



Make a new
playlist

Write lists

DIY spa day



Create a
mood board

Visit a museum
or gallery

Visit a
charity shop

Make a stop
motion film

choreograph
a dance